

## NORTH BAY MINOR HOCKEY ASSOCIATION



### Kurtis Goodreau U11AA

We're thrilled to introduce Kurtis Goodreau, a dedicated and passionate leader stepping into their first season as Head Coach of the U11 AA Trappers.

Growing up in North Bay, ON, Kurtis started their journey in hockey as a minor league player and later competed for two seasons in the OJHL with the Parry Sound Shamrocks, Couchiching Terriers, and the Lindsay Muskies. His love for the game led him to coaching, beginning as an Assistant Coach with the U18 AAA North Bay Trappers from 2007 to 2009. Over the years, he has shared his expertise with players at all levels, from Hockey for Beginners to U10 AA.

With over 8 years of coaching experience, Kurtis is ready to bring enthusiasm, dedication, and a genuine passion for hockey to our team. Their coaching philosophy is all about developing skills and instilling confidence—both on and off the ice. They believe in creating an environment where every player feels valued, motivated, and inspired to grow as athletes and individuals.

Kurtis is grateful for the opportunity to work with our incredible young athletes. Together, we're building the future of hockey, one player at a time.

### **Season Plan**

Evaluations:

- Players will be selected based from detailed feedback provided by independent evaluators and coaching staff. On completion of evaluations, a team meeting and a formal player signing will take place with new team mates and parents. Staff will go over parent handout, team fees, fundraising, and player code of conduct and tournament selection.

Off Season:

- Team activities will begin in accordance with the OHF's seasonal calendar
- Promote multisport development
- Parent and Player introduction
- Fundraising

**Note: All development will generally follow the Hockey Canada skill development guidelines.**

## Pre-Season

- Fundamental Skill Development
- Tournament selections (preferably top tier tournaments with some being AAA, 2 before Christmas, 2 after Christmas)
- Determine team strengths and weaknesses for team development

## Early Season

- Fundamental skill and skating development
- Practice positional play
- Offensive and defensive zone play
- Power play and penalty killing positioning
- Small area games
- Station based practice and skill development
- Tournament play and fair play

## Mid-Season

- Continue skill and skating development
- Continue to development defensive zone breakout, offensive zone entry and neutral zone play
- Battle and body positioning skills
- Power play and penalty kill positioning
- Fair play

## End of Season and Playoffs

- Skill and skating development
- Continue to develop individual and team skills
- Enhance defensive, neutral and offensive zone play