



GAME FORMAT POLICY

Sept 2024

1. Hockey rules, regulations and registration of players shall be governed by Hockey Canada, OHF, NOHA. and NDMHL All member Associations agree to abide to these rules. Failure to comply or any attempt to circumvent these rules may result in disciplinary action by the NDMHL whereby the Association affected, and all of its members may lose the privilege of participating in the League.
2. Team members and the Associations shall be responsible for the conduct of their Teams.
3. Length of games for each Division (all stop time):
 - U10 and U11: 14-minute periods
 - U12 and U13: 14-minute periods
 - U14 and U15: 14-minute periods
 - U16 and U18: 14-minute periods
4. Teams will have a 3-minute warm up at the start of the game. The Referee will blow the whistle at the 2- minute mark, which will indicate to the teams to pick up the pucks to enable to game to start on time. Teams not abiding by the rules and not ready to play at the end of the 3-minute warm up will be assessed a penalty for delay of game.
5. Teams will shake hands prior to the game at the end of the pre-game warm up.
6. Dark jerseys shall be worn at home games and white jerseys shall be worn for away games.
7. The use of affiliated players in NDHL regular season and playoff games, normally covered under NOHA and OWHA rules, is modified as follows:
 - Teams will NOT be allowed to draw affiliated players from teams in any member association, or guest entry team, who normally compete in the same division of the team wanting to use affiliated players.
 - Teams from the SDGHA, which are approved to participate in an age group which is the same as their age category, cannot draw affiliated players from older age groups; the reason for this rule is that the SDGHA teams have, in most years, been approved to “play down” a division.
 - Teams from any association, which are approved to “play down” an age group, are NOT allowed to draw overaged affiliate players to participate in NDHL games. These teams will only be allowed to draw affiliate players from teams who are the same age as the division that they are participating in.
8. The League will adopt a one Referee and two Linesmen system in all Divisions. All Officials must be properly certified for the level of hockey they are officiating.
 - Member Associations will use N.O.H.A. referees rates for all games.
 - Associations must pay travel fees set by the NOHA Officiating Policy.



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- Requests for outside officials must be made in writing to the League's President who will liaise with the District Referee-in-Chief. The team submitting the request will be responsible for all extra costs. This applies only to the U16 and U18 Divisions. Requests for outside officials in divisions under U16 will not be allowed.
- Explanation of Outside Officials: An Outside Official is an official who does not reside in either of the two districts playing.